



**SARANAC LAKE
CIVIC CENTER**

more than just ice

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Discover the Fun of Curling at the Saranac Lake Civic Center

Lake Placid Curling Club Hosts Learn to Curl Event October 25

SARANAC LAKE, NY — The Lake Placid Curling Club and Saranac Lake Civic Center are inviting the community to discover one of the Adirondacks' most unique winter sports at a **Learn to Curl** event on **Sunday, October 25, from 3:30 to 5 p.m.** at the Saranac Lake Civic Center. The event is partially sponsored by **Hudson Headwaters Health Network**.

For \$20, participants will get an introduction to the basics of curling and experience the sport firsthand. **No prior experience is necessary, and everyone is welcome.** All equipment is provided; participants should simply bring clean shoes or boots to change into for the ice.

The event also serves as a membership drive for the **Lake Placid Curling Club**, which welcomes new members throughout the ice season. The club offers both **full-season and half-season memberships**, making it easy for newcomers to give curling a try and find a level of participation that works for them.

The club generally gathers **Sunday evenings throughout the ice season at the Saranac Lake Civic Center**, creating an opportunity to learn and play while enjoying the social side of the sport.

"Curling is a sport that really brings people together," said **Jackie Damour, president of the Lake Placid Curling Club**. "You can come in knowing absolutely nothing about curling and quickly feel like part of the group. Being a member is about more than playing—it's about having fun, meeting people and having something to look forward to each week."

"We're pleased to partner with the Lake Placid Curling Club to introduce more people to this fun, welcoming group," said **Marnie Cochran Crane of the Saranac Lake Civic Center**. "It's a great opportunity to try something new, meet people, and have fun on the ice."

Curling combines strategy, skill and camaraderie, making it an accessible winter activity for people of different ages and experience levels. For those who discover that curling is for them,

membership information for the Lake Placid Curling Club will be available at the event and on the club's website.

Registration is available through the Saranac Lake Civic Center website: saranaclakeciviccenter.org.

About the Lake Placid Curling Club

The Lake Placid Curling Club brings the sport of curling to the Adirondacks, welcoming both experienced curlers and those completely new to the sport. The club generally plays Sunday evenings throughout the ice season at the Saranac Lake Civic Center and offers full-season and half-season membership options.

About the Saranac Lake Civic Center

The Saranac Lake Civic Center is a year-round, not-for-profit recreation and events facility, serving the residents and visitors from across the region and beyond. Its regular users include Paul Smith's College, high school players from Saranac Lake and Lake Placid Central Schools, the Lake Placid Curling Club, Northwood School, Sara-Placid Lakers, Saranac Lake Learn to Skate and more. The facility also welcomes tournament organizers, including Can-Am Hockey, as well as exposition organizers who utilize the Civic Center's event space. The Civic Center also plays host to public skating, the popular Silver Skaters program, events such as Touch A Truck.

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Photo provided by the Civic Center: Lake Placid Curling Club president Jackie Damour shares her love of curling with her family. She even met her husband through the sport.