

# SARANAC LAKE CIVIC CENTER, INC.

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## **NEWS RELEASE: FOR IMMEDIATE RELEASE**

**Saranac Lake Civic Center**

**3/11/24**

### **March Madness Youth Skating at Saranac Lake Civic Center**

#### ***Youth Skating Program Starts March 18 - hour-long skating sessions for ages 5-17***

**SARANAC LAKE, N.Y.** -- The Saranac Lake Civic Center announces it will host a youth skating series starting on Monday, March 18 provided free of charge. The children's series, "March Madness", begins Monday, March 18 at the newly remodeled facility and will be reserved for children ages 5-17 with consent from their caregiver.

The program is funded by a Franklin County Youth Bureau Funding Grant. The goal of the grant includes developing programs for youth in Franklin County.

The first session in the March Madness program is Monday, March 18 from 4:15 to 5:15 p.m. The next are on March 24, March 25, March 29, and April 1. The full schedule/times and downloadable participant form will be available on the Saranac Lake Civic Center website and Facebook page. The participant consent form, signed by a parent/guardian, will be required.

"Increasing access to ice time has been a core initiative for the local community since we re-opened," said Saranac Lake Civic Center's Marnie Crane said. "We are grateful to the Youth Bureau for providing funds for this program; it's exciting to be able to offer a fun activity for our local youth."

Teens, youngsters and athletes at all skill levels will be welcome to enjoy these skating sessions. As a physical activity, ice skating is directly tied to health and well-being, which helps create a positive relationship to one's body, connectedness to the community (being social with other children) and helps build self-esteem / confidence.

Skate rentals and snacks for each session are also covered with the program - skates will be available at the Civic Center's pro shop.

Parents / guardians are welcome to watch or drop-off but the ice will be specifically reserved for youth during these sessions. The Saranac Lake Civic Center is located at 213 Ampersand Avenue.

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**FOR MORE INFORMATION:** Marnie Cochran Crane, Saranac Lake Civic Center, (804) 516-5296,  
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#### **About the Saranac Lake Civic Center**

The Saranac Lake Civic Center is a year-round, not-for-profit recreation and events facility, serving the residents and visitors of Saranac Lake and the surrounding Adirondack community. The Saranac Lake Civic Center serves residents and visitors from across the region and beyond. Its regular users include local youth hockey, high school players from Saranac Lake and Lake Placid Central Schools, women's and men's adult recreational hockey, Lake Placid Curling Club, Paul Smith's College, Northwood School and more. Expanded users include tournament users (such as Can-Am Hockey, Canadian Hockey Enterprises, Empire State Winter Games) and exposition organizers to take advantage of the event space.