SARANAC LAKE CIVIC CENTER
more than just ice

Saranac Lake Civic Center
213 Ampersand Avenue
PO Box 1040
Saranac Lake, NY 12983
518.637.7401
info@saranaclakeciviccenter.org

NEWS RELEASE: FOR IMMEDIATE RELEASE
November 12, 2026

Learn to Curl Brings Community Together — Next Session Set for November 29

SARANAC LAKE, NY — The Saranac Lake Civic Center's first Learn to Curl session of the season last month was a resounding success, bringing together over 30 participants from across the region to try their hand at one of the North Country's favorite winter sports.

Participants traveled from as far away as Canton and Plattsburgh, with communities throughout the region represented on the ice. Even more exciting, nine participants took their interest a step further and joined the Lake Placid Curling Club following the session.

The Civic Center extends a special thank-you to the **Lake Placid Curling Club** for providing instructors, expertise and encouragement, and to **Hudson Headwaters Health Network** for helping make the introductory session possible.

"We want the Civic Center to offer accessible, affordable opportunities for people to try something new and connect with the community. Learn to Curl was one of the top requests in our programming survey earlier this year, so it's especially rewarding to see that interest translate into so many people on the ice. This is exactly the kind of community-driven programming we want to continue bringing to the Civic Center," said **Marnie Cochran Crane of the Saranac Lake Civic Center**.

Matt Showalter, co-owner of Northwood Cabins in Tupper Lake and one of the October participants, said the experience was a highlight. "It was great fun! I wasn't sure exactly what to expect going in, but the instructors made it easy to learn, everyone was welcoming, and we had a blast. It's a great way to try something new and meet people in the community."

Willie Sheridan, one of the instructors from the **Lake Placid Curling Club**, was equally enthusiastic about the turnout. "I was really impressed by the community's eagerness to learn to curl. We had such a great group of people, all willing to give it a try, ask questions and have fun. It's wonderful to see that kind of enthusiasm for the sport, and we're excited to welcome more people onto the ice."

Missed the October session? There's another opportunity!

The Saranac Lake Civic Center will host its next Learn to Curl session on **Sunday, November 29, from 3:30 to 5:00 p.m.** Participants should plan to be off the ice by 5:15 p.m.

No previous curling experience is necessary. Whether you've watched curling on television, are curious about trying something new, or simply want a fun afternoon on the ice, everyone is welcome.Equipment will be provided. Participants should bring clean, non-marking shoes or boots.

For more information and registration details, visit **saranaclakeciviccenter.org**.

Photos provided by the Civic Center:



Willie Sheridan signals from the ice as a participant prepares to deliver a stone during the Civic Center's October Learn to Curl session, demonstrating one of the many techniques and signals used in the sport.



Matt Showalter takes aim at his stone after sending it down the ice during the Civic Center's October Learn to Curl session.

About the Lake Placid Curling Club

The Lake Placid Curling Club brings the sport of curling to the Adirondacks, welcoming both experienced curlers and those completely new to the sport. The club generally plays Sunday evenings throughout the ice season at the Saranac Lake Civic Center and offers full-season and half-season membership options.

About the Saranac Lake Civic Center

The Saranac Lake Civic Center is a year-round, not-for-profit recreation and events facility, serving the residents and visitors from across the region and beyond. Its regular users include Paul Smith's College, high school players from Saranac Lake and Lake Placid Central Schools, the Lake Placid Curling Club, Northwood School, Sara-Placid Lakers, Saranac Lake Learn to Skate and more. The facility also welcomes tournament organizers, including Can-Am Hockey, as well as exposition organizers who utilize the Civic Center's event space. The Civic Center also plays host to public skating, the popular Silver Skaters program, events such as Touch A Truck.

###

FOR MORE INFORMATION: Marnie Cochran Crane, Saranac Lake Civic Center, (804) 516-5296, info@saranaclakeciviccenter.org